

## Prostate Health For Men...

### Get your PSA tested!

If you don't know what your prostate is or what it does, you're certainly not alone: most men don't. But you really should. More than 30 million men suffer from prostate conditions that negatively affect their quality of life.

- Over 50% of men in their 60s and as many as 90% in their 70s or older have symptoms of an enlarged prostate (BPH).
- Each year over 230,000 men will be diagnosed with prostate cancer and about 30,000 will die of it.
- Prostatitis is an issue for men of all ages and affects 35% of men aged 50 and older.

[This website](#) offers you a guide to the prostate and various conditions that can affect your health

Wear **BLUE** to support the fight for prostate cancer.