

Always on the job

Use your safety sense at home, too

More people die and are injured in accidents at home than at work. Over 20,000 people die in home accidents every year, and more than 30 percent of all injuries occur at home. Like accidents on the job, most of these can be prevented. The largest number of serious accidents at home result from:

- Falls
- Fires
- Drowning
- Poisoning



Most accidents occur around or under the house.

Here's how to protect your family from falls:

- Keep floors, and especially halls and stairs, free of clutter. Don't stack magazines, tools, laundry, toys, or other items on the floor or steps.
- Make sure stairways are well lit.
- Check that all stairs, including those to the basement, have sturdy railings.
- Tack down any loose pieces of carpet or linoleum.
- Use nonskid mats or decals in bathtubs or showers.

Small children can drown in bathtubs, so **NEVER** leave them unattended. If you have a pool, make sure everyone knows how to swim and take these precautions:

- Never let anyone swim alone.
- Never let anyone swim when they're tired or have used drugs or alcohol.
- Fence in the pool and keep it locked when no one's there.
- Cover the pool when it's not in use.
- Learn CPR, so if there is an accident you'll be able to act quickly.

Here's how to prevent poisoning:

- Read labels on household cleaners, paints, and garden supplies, and follow their instructions for use, storage, and clean-up.
- Store cleaning solutions, pesticides, and other hazardous chemicals in places where children can't reach them.
- Keep containers closed when not in use.
- Dispose of old, used, or unlabeled substances properly. Find out about your town's or region's hazardous materials collection days.

Bring your safety sense home so you can always be on the job for the safety of yourself and your family.